



To: Sequoia Living Residents, Customers, and Staff
From: Sara McVey, President and CEO
Date: Friday, June 12, 2020

Stepping Out of SIP (Shelter in Place)

Reigniting our routines, our communities, and our services is mission critical. We are working hard to create plans that will continue to safeguard staff, residents, and customers.

1. We are mindful of the need to balance keeping the virus at bay with enabling people to safely step out of Sheltering in Place (SIP) in the coming months.
2. We are aware of the toll this situation is taking on people's mental and physical health. The Continuing Care Retirement Communities have taken the lead on establishing a SIP Step Plan and will be reviewing this plan with Residents' Association Board members over the next few weeks.
3. We will work on a similar approach for our Senior Centers, The Woods, Town Park Towers, and Eastern Park and Western Park Apartments.

Counties Have Control

The Counties control the timing of when areas reopen. We will use this as a guide while considering additional safeguards in the SIP Step Plan.

Testing Highlights

Over the past week, County Public Health Departments conducted mass testing of residents and staff at The Sequoias Portola Valley (SPV), The Sequoias San Francisco (SSF), and The Tamalpais (TAM). I am happy to report that many negative test results are coming in. Here are the test results as of today:

- **No resident cases** of COVID-19.
- One staff member at The Sequoias Portola Valley tested positive. This person is asymptomatic, feeling fine, and is isolating at home.

Since March, a total of 788 residents and 460 staff have been tested for COVID-19. (These numbers include the recent mass tests.) Since March, we have had:

- **ZERO** resident cases.
- A total of 5 staff cases: (3) at The Sequoias Portola Valley, (1) at The Sequoias San Francisco, (1) at Western Park Apartments.

SHORT SURVEY

More than 200 employees responded to last week's short survey checking in on how staff were doing. Next week, a CCRC resident survey will go out in both hard copy and email formats.

COMMUNICATION

Making sure that *you know what I know* is important to me. If you have any suggestions or advice about topics that you feel would be of interest, please let me know with an email to covid-19questions@sequoialiving.org. (Even though the email address says "questions," I value any input or ideas you may wish to share.)

The New "Next"

2020 will be an unforgettable year for many reasons. While many people use the phrase "the new normal," we prefer "the new next." It captures how we are establishing new ways forward and creating space for innovation. Defaulting to the status quo would be a waste of the lessons we are learning during this pandemic.

Stay Safe. Stay Kind. Stay Strong.



Sara McVey
Sequoia Living President and CEO

PS: To read the Sequoia Living COVID-19 Action Plan, please visit <https://sequoialiving.org/covid-19-updates/>.